STRONGSVILLE JUMP ROPE CLUB

FOR STRONGSVILLE RESIDENTS!

WHEN:

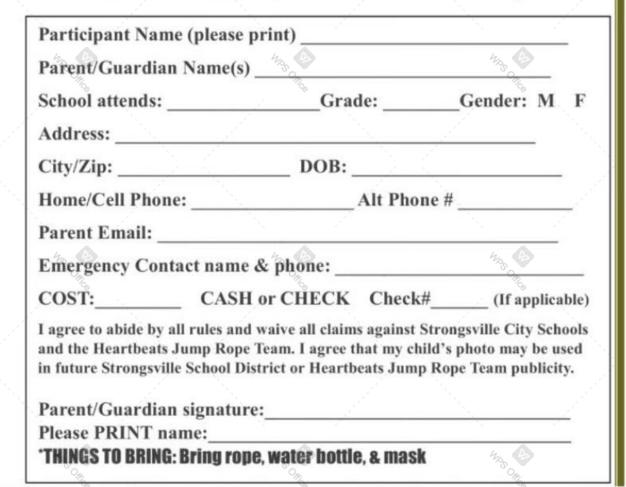
FRIDAYS starting Dec, 2021 thru May, 2022 5pm – 6:30pm

WHERE:

Strongsville Early Learning Preschool (SERP Building)

19543 Lunn Rd, Strongsville, OH 44149





AGES 8 AND UP
\$60 PER 4-WEEK
SESSION
SESSION #1 starts
Dec 3, 10, 17 & Jan 7

JUMPERS MUST PRE-REGISTER

This Jump Rope Club is exclusive for STRONGSVILLE RESIDENTS to help learn skills and have an opportunity for fun physical activity – all taught by the Heartbeats Jump Rope Team!

SPONSORS



Giving back to the community is a major purpose of the HEARTBEATS, including community performances for schools and other organizations!

BENEFITS

- -upper body strength
- -endurance & stamina
- -foot & motor skills
- -eve/hand coordination
- -agility & quickness
- -confidence



Send to: Heartbeats Jump Rope Team 18399 Yorktown Oval, Strongsville, OH 44136
440-227-9797 OR messageforpam@gmail.com website: www.heartbeatsjumprope.org